

SEPTEMBER | 2023

Jones/ Middle School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29 Warm Breakfast Cookie 100% Juice Fresh Fruit Choice of Milk	30 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	31 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	1 No School
4 No School Labor Day	5 Warm Breakfast Cookie 100% Juice Fresh Fruit Choice of Milk	6 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	7 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	8 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk
11 Warm Muffin/Cereal 100% Juice Fresh Fruit Choice of Milk	12 Warm Breakfast Cookie 100% Juice Fresh Fruit Choice of Milk	13 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	14 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	15 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk
18 Warm Muffin/Cereal 100% Juice Fresh Fruit Choice of Milk	19 Warm Breakfast Cookie 100% Juice Fresh Fruit Choice of Milk	20 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	21 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	22 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk
25 Warm Muffin/Cereal 100% Juice Fresh Fruit Choice of Milk	26 Warm Breakfast Cookie 100% Juice Fresh Fruit Choice of Milk	27 Warm Banana Bread/Cereal 100% Juice Fresh Fruit Choice of Milk	28 Breakfast Pizza/Cereal 100% Juice Fresh Fruit Choice of Milk	29 Yogurt/Cereal 100% Juice Fresh Fruit Choice of Milk

News

Milk Choices-
Skim white
1% White

Fruit Choice-
Apple
Apple Slices
Clementine
Banana
Pear
Applesauce
Mixed Fruit Cup



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